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Presents

# Personal Affirmation Inner Reflection

## POWER Sheet

I am reenergized after every  
success.

Purpose Optimized With Extraordinary Results™

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With Ann Rusnak



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## I am reenergized after every success.

Success motivates me. I set realistic goals I know I can achieve, and each success leaves me confident in my abilities and ready to achieve more.

***After I accomplish a goal, my faith is renewed.*** There are times when I doubt my abilities. But when I realize my potential, I feel self-confident again. Small victories give me the courage to go after larger targets. I know I can push myself even harder and I avoid giving up.

Even when a victory escapes me, I take the time to reflect on the experience. Whatever I learn from one situation helps me prepare for similar circumstances in the future. I know that I am better

equipped to be successful the next time around.

***When others experience positive outcomes, I realize I can have the same results.*** Stories of overcoming obstacles encourage me.

When someone close to me succeeds, I take it to heart. I share their joy and use it as motivation. I am blessed to be here, and believe I am in this world to make a difference. ***I seize every opportunity to achieve success.*** I give it my all.

Today, I recognize that some goals may take longer to reach than others. But I believe I have the determination to keep going. The sky is the limit for me

Devote 15 -20 minutes for yourself and answer your Inner Reflection Questions on next page.

**Repeat this affirmation when you wake up and before you go to bed.**

# Inner Reflection Questions

**1. When have I experienced my successes being short-lived?**

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**2. How do I avoid enjoying successes that are based on the failure of another person?**

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**3. What can I do when I lack the energy to pursue my dreams?**

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Confidence is a critical part of business development success.

Start Receiving the **7 Step to Release Self Doubt, Boost Your Confidence to Achieve Success** Mini-Course when you join the FREE Gem's level of the Inner Connect Club

<http://annrusnak.com/joinclub/>





## About Ann Rusnak

Business mindset strategist, Ann Rusnak, brings over 25 years of entrepreneurial experience combined with her personal self-discovery journey. She helps women entrepreneurs gain the essential confidence essential and self-appreciation necessary to sharing their gifts and getting paid what they're truly worth.

Using the holistic approach of the **ACE** Success System™, developed by Ann Rusnak, women entrepreneurs can finally remove their self-imposed limitations to connect with their inner power, inner success and their **Magical Essence** easily and effortlessly. Ann's method makes it possible for you to make positive shifts in your life, your business and your income while taking control of your economic well-being, living a more fulfilled life.

*Ann says, "I believe we're born with so much potential and countless gifts. Sadly, we rarely maximize our potential or use our abundant gifts! I love that through my experiences, both professional and personal, I have the essential tools to help women grow closer to maximizing their potential."*

We specialize in helping you get unstuck from frustration to moving your business and success dreams forward.

Apply for your complimentary 30 Minute:  
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